

Sports Physiotherapy Courses

Leading International Presenters

Session registrations

Venue: Claremont • Perth • October 2010

Craig Purdam

Tendinopathy and lower limb injuries • October 18/19

Jenny McConnell

Lower limb course • October 13–15

Lyn Watson

Shoulder course • October 25 and 26

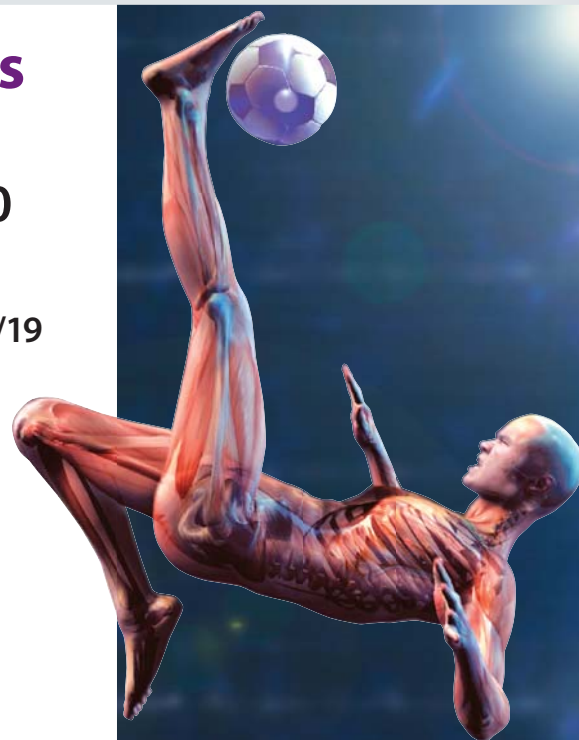
Peter O'Sullivan

Lumbopelvic motor control • October 28

Steve Edmondston

Thoracic spine course • November 1

- **Specialist Sports Physiotherapist Craig Purdam** is the Chief Physiotherapist at the Australian Institute of Sport. Craig presents the state of the art with regard to pathology, assessment and management of tendinopathies. In addition he presents on management of lower limb muscle and running injuries, rehab protocols and return to sport.
- **Specialist Musculoskeletal Physiotherapist Jenny McConnell's** lower limb workshop will address biomechanical evaluation from the pelvis to the foot together with management incorporating EMG biofeedback labs, exercise prescription, taping, and manual therapy in a refreshingly clinical approach.
- **Lyn Watson** has developed a logical and progressive approach to assessment and rehabilitation of the athlete's injured shoulder. This course offers the opportunity to gain extensive clinical insight into the assessment, diagnosis, treatment and progression of shoulder rehabilitation follow sporting injury.
- **Specialist Musculoskeletal Physiotherapist Professor Peter O'Sullivan's** presentation will address issues of lumbopelvic motor control in the athlete. Peter has extensive research, teaching, and clinical experience in this challenging area. He has a very stimulating, unique and evidence-based method of evaluation and treatment.
- **Associate Professor Dr Steve Edmondston** has developed a clinically effective approach to examination and treatment of the thoracic spine. Optimal thoracic spine function is essential for maximum athletic performance and is particularly important to function of the shoulder girdle, cervical spine and pelvic girdle.



- ✓ Clinically based
- ✓ Evidence based
- ✓ Hands on
- ✓ New line sports physiotherapy
- ✓ Increase your knowledge
- ✓ Provide better service

Course information

Dates	<p>Craig Purdam tendinopathy and lower limb muscle injury course (2 days) October 18 and 19, 2010</p> <p>Jenny McConnell Lower limb course (3 days) October 13 to 15, 2010</p> <p>Professor Peter O'Sullivan lumbopelvic motor control course (1 day) October 28, 2010</p> <p>Lyn Watson Level 1 Shoulder course (2 days) October 25 and 26, 2010</p> <p>Dr Steve Edmondston thoracic spine course (1 day) November 1, 2010</p>
Location	Claremont Football Club, Davies Road, Claremont, Western Australia
Investment	<p>Craig Purdam course (2 days) \$590 (plus GST)</p> <p>Jenny McConnell course (3 days) \$850 (plus GST)</p> <p>Professor Peter O'Sullivan (1 day) \$295 (plus GST)</p> <p>Lyn Watson Level 1 Shoulder course (2 days) \$590 (plus GST)</p> <p>Dr Steve Edmondston course (1 day) \$295 (plus GST)</p>
CPD points	8 per day
Payment and refund policy	<p>To ensure commitment to the program it is a requirement that full payment is made on registration on the program.</p> <p>Please email for our refund policy.</p>
Booking	<p>Please register on-line through our website at www.manualconcepts.com</p> <p>Registration is also available by telephone but please note that the office is not permanently manned so expect some delay in replying. We prefer on-line registration or contact by email.</p> <p>Phone/facsimile: +61 8 9317 6022</p> <p>Email: info@manualconcepts.com</p> <p>Mail: Manual Concepts, PO Box 1236, Booragoon, Western Australia, Australia 6954</p>



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